

Diablo Futbol Club College Night

November 6,
2008

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The Myth vs The Reality

One of the more critical steps in the college selection process for student-athletes, their coach, and guidance counselor is the elimination process.

The majority of students and parents believe talented high school athletes are actively recruited and offered "full-ride" sports scholarships by Division I college coaches. The reality is that only 2% of these athletes are "actively recruited" by leading college coaches, leaving the remaining 98% to "recruit themselves" through self-directed efforts

In high school, students should have a clear and concise direction for selecting a college or university program that fits their needs and demonstrate their willingness to improve their technique and acumen to achieve results. Do you have a clear and concise direction for your collegiate future?

One of the more critical steps in the college selection process for student-athletes, their coach, and guidance counselor is the elimination process. Getting noticed by college and university coaches must start early and be maintained if a student-athlete is serious about applying their academic and athletic accomplishment to receive scholarships and be selected to play at the collegiate level.

If the student-athlete has not communicated their interest to a variety of programs, and has made little to-no contact with college coaches and admission officers, they will need to work harder. By sizing up strengths and weaknesses, students will have a clear direction for improving their academic and athletic needs to compete at the collegiate level and be successful.

Planning Ahead...

Freshman Year

- ✓ Start planning now!
- ✓ Take courses that match your school's list of approved core classes
- ✓ Aim for A's and B's in all classes.

- ✓ Develop good study skills and habits
- ✓ Join clubs, play sports and volunteer
- ✓ Parents – get involved in the process!

Sophomore Year

- ✓ Take Geometry or Algebra II and college prep English
- ✓ Aim for A's and B's in all classes
- ✓ Develop good study skills and habits
- ✓ Expand your interests: enrichment programs, camps at college campuses
- ✓ Visit college campuses, take tours, talk to students, research websites
- ✓ Start thinking about colleges and majors
- ✓ Research colleges, financial aid, scholarships, and educational requirements
- ✓ Setup meeting with a college counselor at school

Junior Year

- ✓ Check with college counselor about college preparatory classes and academic plan
- ✓ Aim for A's and B's in all classes – most important in Junior and Senior years
- ✓ Register in October for PSAT
- ✓ Take PSAT
- ✓ Take AP exams, if taking AP classes
- ✓ Develop more selective college contact list - begin writing to colleges & coaches
- ✓ Explore opportunities for college / high school joint enrollment credit
- ✓ Attend college information programs – College Nights / College Fairs
- ✓ Verify SAT and/or ACT registration deadline with counselor
- ✓ Get Letters of Recommendation / References
- ✓ Organize your personal portfolio
- ✓ Visit college campuses of different types and sizes
- ✓ Explore possibility of enrolling in AP courses for college credit
- ✓ Take SAT and ACT
- ✓ Develop your preferred college list
- ✓ Review admission applications questions & concerns with counselors

Senior Year

- ✓ Take advanced courses for college admission
- ✓ Review classes schedules with college counselor
- ✓ Aim for A's and B's in all classes – most important in Junior and Senior years
- ✓ Register for SAT and/or ACT in early September

- ✓ Begin application process in October
- ✓ Visit college campuses
- ✓ Research scholarship opportunities
- ✓ Apply to colleges (October 1 – November 30)
- ✓ Complete and file FAFSA (January)
- ✓ Apply for financial aid Cal Grant (February)
- ✓ Take English Placement Test (EPT) and/or Entry Level math (ELM)
- ✓ Take AP exams in May
- ✓ Request referrals from teachers and coaches
- ✓ Make sure all applications have been submitted
- ✓ Parent / student meeting with counselor to verify all transcript verification is complete
- ✓ Re-take SAT and/or ACT if necessary
- ✓ Review acceptances and offers - choose college you wish to attend
- ✓ If put on waiting lists, contact college admissions officers and guidance counselor
- ✓ Submit necessary deposits to college chosen
- ✓ Notify college you have chosen to attend
- ✓ Notify colleges applied not attending

What You Need To Do...

- ✓ Make a list of at least 10 colleges (ranging from Division 1 to Division 3, NAIA)
- ✓ Find the contact information and research each college and coach
- ✓ Complete your player profile
- ✓ Mail player profile packets to coaches
- ✓ Update coaches through e-mails and phone calls about upcoming tournaments and games
- ✓ Follow up, follow up, follow up!!!

Student Athlete - Clearinghouse

- All students who plan on being intercollegiate student-athletes in Division I and II must be certified by the NCAA Initial-Eligibility Clearinghouse (www.ncaaclearinghouse.net)
- Upon Registration, the Clearinghouse determines each student's eligibility for practice and competition, as well as eligibility to receive athletic scholarships that have been offered by a college coach.

- Clearinghouse only determines whether you meet NCAA requirements, it does not guarantee your admission to any DI or DII school.
- Transcripts will be sent by your high school directly to Clearinghouse
- Register after you junior year

Summary of Recruiting Rules for Soccer

Recruiting Method	Division I			Division II	Division III
	Sophomore Year	Junior Year	Senior Year		
Recruiting materials	<ul style="list-style-type: none"> • You may receive brochures for camps and questionnaires 	<ul style="list-style-type: none"> • You may begin receiving recruiting materials September 1 of junior year 	<ul style="list-style-type: none"> • All recruiting materials are allowed 	<ul style="list-style-type: none"> • A coach may begin sending you printed recruiting materials September 1 of your junior year in high school 	<ul style="list-style-type: none"> • You may receive printed materials any time
Telephone calls	<ul style="list-style-type: none"> • You may make calls to coaches at your expense • College coach cannot call you 	<ul style="list-style-type: none"> • You may make calls to coaches at you own expense • College Coach may call you once per week starting July 1 after your junior year 	<ul style="list-style-type: none"> • You may make calls to coaches at your expense • College Coach may call you once per week beginning July 1 	<ul style="list-style-type: none"> • A college coach may call you once per week beginning June 15 between your junior and senior year • You may make calls to the coach at your expense 	<ul style="list-style-type: none"> • No limit on number of calls or when they can be made by the college coach • You may make calls to the coach at your expense
Off-campus contact	<ul style="list-style-type: none"> • No off-campus contact allowed 	<ul style="list-style-type: none"> • Off Campus contact is allowed starting July 1 after your junior year 	<ul style="list-style-type: none"> • Off-campus contact is allowed 	<ul style="list-style-type: none"> • A college coach can have contact with you or your parents/legal guardians off the college’s campus beginning June 15 after your junior year • A college coach is limited to three in-person contacts off campus 	<ul style="list-style-type: none"> • A college coach may begin to have contact with you and your parents/legal guardians off the college’s campus after your junior year

Official visit	<ul style="list-style-type: none"> • No official visits allowed 	<ul style="list-style-type: none"> • No Official Visits are allowed 	<ul style="list-style-type: none"> • Official visits are allowed beginning opening day of classes your senior year • You are limited to one official visit per college up to a maximum of five official visits to Division I and II colleges 	<ul style="list-style-type: none"> • You may make official visits starting the opening day of classes your senior year • You may make only one official visit per college and up to a maximum of 5 official visits to Divisions I and II colleges 	<ul style="list-style-type: none"> • You may make official visits starting the opening day of classes your senior year. • You may make only one official visit per college.
Unofficial visit	<ul style="list-style-type: none"> • You may make an unlimited number of unofficial visits 	<ul style="list-style-type: none"> • You may make an unlimited number of unofficial visits 	<ul style="list-style-type: none"> • You may make an unlimited number of unofficial visits 	<ul style="list-style-type: none"> • You may make an unlimited number of unofficial visits 	<ul style="list-style-type: none"> • You may make an unlimited number of unofficial visits

Useful Websites

College Athletics

www.ncaa.org (Home site of the NCAA)

www.ncaaclearinghouse.net (NCAA information on eligibility and online application)

www.naia.org (NAIA athletics)

Standardized Testing and Test Prep

www.collegeboard.com (College Board—SAT)

www.actstudent.org (ACT)

www.testprepreview.com (Free test prep)

<http://number2.com> (Free test prep)

www.lightlink.com/bobp/wedt/sat.htm The Wordsmyth SAT Dictionary (free)

www.powerprep.com College Power Prep (free and fee based test prep service)

Information about fee based test prep programs is available in the college center.

College Applications and Information

www.universityofcalifornia.edu/apply (University of California)

www.csummentor.edu & www.calstate.edu (California State University)

www.commonapp.org (Common Application for Private Colleges)

www.aiccumentor.org (Association of Independent California Colleges and Universities)

www.cccco.edu (California Community Colleges)

www.assist.org (California Community College Transfer Agreements)

Scholarships & Financial Aid

www.fafsa.ed.gov (FAFSA online)

www.finaid.org (General Financial Aid Information)

www.finaid.org/finaid/calculators/estimate.html (EFC calculator)

www.csac.ca.gov (California Student Aid Commission)

www.fastweb.com (Scholarship search)

www.scholarships.com (Scholarship search)

Sample Cover Letter

Name:

Address:

City, State Zip:

Home Phone Number:

Cell Phone Number:

E-mail Address:

Date:

Coach:

Name of College:

Address:

City, State, Zip:

Dear (Coach's Name):

Based on my research in preparation for choosing a college, (name of college) has both an excellent reputation, and the types of academic and athletic programs I hope to pursue after graduation from high school.

The enclosed resume details my academic standing and Soccer experience. I am currently a junior, with a GPA of ___ on a 4.0 scale, and taking college preparatory classes with an emphasis on (list core courses). The strength and variety of courses offered at (name of college) provide several degree plans of interest to me, although I have not yet decided on a specific major area of study.

More specifically, your Soccer program is of primary interest to me. I believe my skills and abilities would fit well into your program, and enable me to contribute to the success of the (team name) while continuing to develop my Soccer talents under your style of play.

I would like to pursue all available means for financial aid, and I believe my academic standing should qualify me for scholarship assistance.

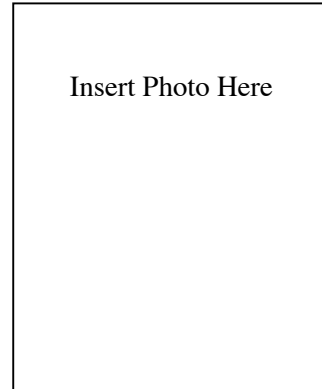
Thank you for any consideration you can give me as a future (team name). Please send me information on your program, and any suggestions you may have on how best to prepare for attendance at (name of school) in the fall of (your graduation year).

Sincerely,

(Your Name)

Player Profile
Diablo Futbol Club (Concord, CA)

Name:
Street Address:
City, State Zip:
Home Phone Number:
Cell Phone Number:
E-mail:
Date of Birth:
Height:
Weight:



Academics

High School: Valley High School
Address
City, State, Zip
Phone Number

Graduation Date:
GPA:
Class Rank:
SAT Score:
ACT Score:
Academic Awards:
Interests/Hobbies:
Other Achievements:

Athletics

Diablo Futbol Club

Club Website: www.diablofc.org

Team:

Coach:

Jersey #:

Jersey Colors:

Position(s):

Player Achievements:

Team Awards/Rankings:

High School:

High School Website:

Coach:

Jersey #:

Jersey Colors:

Position(s):

Player Achievements:

Team Awards/Rankings:

Upcoming Schedule

Tournaments:

League:

High School:

References

Coach:

Name:

Address:

City, State, Zip:

Phone Number:

E-mail:

Coach:

Name:
Address:
City, State, Zip:
Phone Number:
E-mail:

Teacher:

Name:
Address:
City, State, Zip:
Phone Number:
E-mail:

Personal:

Name:
Address:
City, State, Zip:
Phone Number:
E-mail:



NCAA FRESHMAN-ELIGIBILITY STANDARDS QUICK REFERENCE SHEET

KNOW THE RULES:

Core Courses

- **Starting August 1, 2008, 16 core courses** will be required for **NCAA Division I only**. This rule applies to any student first entering any Division I college or university on or after August 1, 2008. See the chart below for the breakdown of this 16 core-course requirement.
- **14 core courses are required in NCAA Division II**. See the breakdown of core-course requirements below.

Test Scores

- **Division I** has a sliding scale for test score and grade-point average. The sliding scale for those requirements is shown on page two of this sheet.
- **Division II** has a minimum SAT score requirement of 820 or an ACT sum score of 68.
- The SAT score used for NCAA purposes includes **only** the critical reading and math sections. The writing section of the SAT is not used.
- The ACT score used for NCAA purposes is a **sum** of the four sections on the ACT: English, math, reading and science.
- **All SAT and ACT scores must be reported directly to the NCAA Initial-Eligibility Clearinghouse by the testing agency. Test scores that appear on transcripts will no longer be used. When registering for the SAT or ACT, use the clearinghouse code of 9999 to make sure the score is reported to the clearinghouse.**

Grade-Point Average

- Only core courses are used in the calculation of the grade-point average.
- **Be sure** to look at your high school's list of NCAA-approved core courses on the clearinghouse Web site to make certain that the courses being taken have been approved as core courses. The Web site is www.ncaaclearinghouse.net.
- **Division I** grade-point-average requirements are listed on page two of this sheet.
- **The Division II** grade-point-average requirement is a minimum 2.000.

DIVISION I 16 Core-Course Rule

16 Core Courses:

- 4 years of English.
- 3 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 1 year of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 4 years of additional courses (from any area above, foreign language or nondoctrinal religion/philosophy).

DIVISION II 14 Core-Course Rule

14 Core Courses:

- 3 years of English.
- 2 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 2 years of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 3 years of additional courses (from any area above, foreign language or nondoctrinal religion/philosophy).

PLEASE NOTE: For students first entering any NCAA college or university on or after August 1, 2005, **computer science** courses may only be used for initial-eligibility purposes if the course receives graduation credit in mathematics or natural/physical science and is listed as such on the high school's list of NCAA-approved core courses.

OTHER IMPORTANT INFORMATION

- Division II has no sliding scale. The minimum core grade-point average is 2.000. The minimum SAT score is 820 (verbal and math sections only) and the minimum ACT sum score is 68.
- 14 Core courses are required for Division II.
- 16 Core courses are required for Division I.
- The SAT combined score is based on the verbal and math sections only. The writing section will not be used.
- SAT and ACT scores must be reported directly to the clearinghouse from the testing agency. Scores on transcripts will not be used.

For more information regarding the rules, please go to www.ncaa.org. Click on "Academics and Athletes" then "Eligibility and Recruiting." Or visit the clearinghouse Web site at www.ncaaclearinghouse.net.

Please call the NCAA Eligibility Center if you have questions:

Toll-free number: 877/622-2321

NCAA DIVISION I SLIDING SCALE CORE GRADE-POINT AVERAGE/ TEST-SCORE New Core GPA / Test Score Index		
Core GPA	SAT Verbal and Math ONLY	ACT
3.550 & above	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	59
2.725	730	59
2.700	730	60
2.675	740-750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840-850	70
2.425	860	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	80
2.125	960	81
2.100	970	82
2.075	980	83
2.050	990	84
2.025	1000	85
2.000	1010	86